

***SOUTHERN HILLS REGIONAL MENTAL HEALTH***

**FY21 ANNUAL SERVICE & BUDGET PLAN**

**SUBMITTED**

**05/01/20**

**GEOGRAPHIC AREA:** *Adair, Adams, Taylor, Union Counties*

**APPROVED BY GOVERNING BOARD:** **04/22/20**

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## **Introduction**

Southern Hills Regional Mental Health was formed under Iowa Code Chapter 28E to create a Mental Health and Disability Service (MHDS) Region in compliance with Iowa Code 331.390. The annual service and budget plan is a component of the Management Plan which includes three parts: Annual Service and Budget Plan, Annual Report and Policies and Procedures Manual in compliance with Iowa Administrative Code 441.25.

The FY2021 Annual Service and Budget Plan covers the period of July 1, 2020 to June 30, 2021. The Annual Service and Budget Plan includes local access points, targeted case management providers, crisis services, intensive mental health services, a description of the scope of services to be provided including core services, budget and financial provisions, and provider reimbursement provisions.

The governing board for Southern Hills Regional Mental health consists of one member of the board of supervisors from each member county, one family member of a consumer utilizing services, and one provider member. Our adult advisory board is comprised of service providers in the region who serve our consumers. Additional governing board and children's advisory members are anticipated to be in place by July 1, 2020.

### **A. Local Access Points**

An access point is a part of the Southern Hills Regional Mental Health service system trained to complete MHDS regional applications for persons with a disability.

Southern Hills Regional Mental Health has designated the following access points for mental health and disability services.

<b>Access Point</b>	<b>Location</b>	<b>Contact Information</b>
Adair County Public Health	Greenfield, Iowa	641-743-6173
Crossroads Behavioral Health	Creston, Greenfield, Bedford, Lenox, Corning	641-782-8457/641-278-1193
Southern Hills Regional Mental Health	106 Central #106, Glenwood, Iowa	712-525-1337

Southern Hills Regional Mental Health has designated the following access points for children's behavioral health services.

<b>Access Point</b>	<b>Location</b>	<b>Contact Information</b>
Crossroads Behavioral Health	Creston, Greenfield, Bedford, Lenox, Corning	641-782-8457/641-278-1193

## **B. Service Coordination and Targeted Case Management**

The following agencies provide service coordination and/or targeted case management for Southern Hills Regional Mental Health.

Service Coordination Provider	Adult/Child/Both	Location	Contact Information
Department of Human Services Targeted Case Management	Both	Audubon, Iowa	712-563-4600
Crossroads Behavioral Health	Both	Creston, Greenfield, Bedford, Lenox, Corning	641-782-8457/641-278-1193

## **C. Crisis Planning**

The following accredited crisis services are available to residents of the region for crisis prevention, response and resolution.

### **24 Hour Crisis Response**

Provider	Location	Contact Information
Crossroads Behavioral Health	Creston, Iowa	641-782-8457

### **24 Hour Crisis Hotline**

Provider	Location	Contact Information
Your life Iowa	Online: <a href="https://yourlifeiowa.org/">https://yourlifeiowa.org/</a>	

### **Crisis Evaluation**

Provider	Adult/Child/Both	Location	Contact Information
Crossroads Behavioral Health	Both	Creston, Greenfield, Corning, Lenox	641-782-8457

### **Mobile Response**

Provider	Location	Contact Information
The region is in the process of contracting for or starting their own mobile response team.		

### Crisis Stabilization Community-based Services

Provider	Adult/Child	Location	Contact Information
The region has not yet contracted for community based crisis stabilization services.			

### Crisis Stabilization Residential Services

Provider	Adult/Child	Location	Contact Information
Turning Pointe	Adult	Clarinda, Iowa	712-850-1389

### 23-Hour Observation

Provider	Location	Contact Information
The Region does not yet contract with a 23-hour observation provider		

Southern Hills Regional Mental Health honors the contract rates of the provider's home region.

## **D. Intensive Mental Health Services**

The region has designated the following provider(s) as an **Access Center** that meet the requirements according to IAC 441—25.6(1) in a coordinated manner in one or more locations:

Provider	Location	Contact Information
The region is currently in the process of designating Community Health Centers of Southern Iowa	Osceola, Iowa	Samantha Cannon, CEO 641-446-2383 ext 1250

The region has designated the following **Assertive Community Treatment (ACT)** teams which have been designated and meet the requirements in IAC 441—25.6(2).

Provider	Location	Contact Information
The region has not yet designated an ACT team.		

The region has designated the following **Subacute** service providers which meet the criteria and are licensed by the Department of Inspections and Appeals.

Provider	Location	Contact Information
Community Health Centers of Southern Iowa ****	Osceola, Iowa	Samantha Cannon, CEO 641-446-2383 ext 1250

\*\*\*\* Designation process has not been completed at the time of this report

The region has designated the following **Intensive Residential Service** providers which have been designated and meet the requirements in IAC 441—25.6(8):

Provider	Location	Contact Information
The Region has not designated an Intensive Residential Service Provider.		

## **E. Scope of Services & Budget and Financing Provisions**

The table below identifies the scope of services offered by Southern Hills Regional Mental Health. All core services are available. If there is not funding identified in a core service column, it is because it has not been needed historically. If an individual needs funding for a core service and meets eligibility requirements outlined by the policy and procedure manual, funding will be made available. Core services for children’s behavioral health are identified by (\*\*) after the service name and will be outlined in the revised Policy and Procedure manual expected to be completed in July. Eligibility criteria will be addressed in Section F of the afore referenced revised Policy and Procedure manual.

The region will utilize braided funding that includes county, regional, state and other funding sources as necessary and available to meet the service needs within the region.

**Table A. Expenditures**

FY 2021 Budget	XXXX MHDS Region	MI (40)	ID(42)	DD(43)	BI (47)	Admin (44)	Total
<b>Core Domains</b>							
<b>COA</b>	<b>Treatment</b>						
42305	Mental health outpatient therapy **	\$ 135,000					\$ 135,000
42306	Medication prescribing & management **						\$ -
43301	Assessment, evaluation, and early identification **						\$ -
71319	Mental health inpatient therapy-MHI	\$ 2,500					\$ 2,500
73319	Mental health inpatient therapy **	\$ 20,000					\$ 20,000
	<b>Crisis Services</b>						
32322	Personal emergency response system						\$ -
44301	Crisis evaluation	\$ 50,000					\$ 50,000
44302	23 hour crisis observation & holding	\$ 10,000					\$ 10,000
44305	24 hour access to crisis response	\$ 27,500					\$ 27,500
44307	Mobile response **						\$ -
44312	Crisis Stabilization community-based services **						\$ -
44313	Crisis Stabilization residential services **	\$ 90,000					\$ 90,000
44396	Access Centers: start-up / sustainability						\$ -
	<b>Support for Community Living</b>						
32320	Home health aide						\$ -
32325	Respite						\$ -
32328	Home & vehicle modifications						\$ -
32329	Supported community living	\$ 130,000					\$ 130,000
42329	Intensive residential services						\$ -
	<b>Support for Employment</b>						
50362	Prevocational services	\$ 3,500					\$ 3,500
50364	Job development						\$ -
50367	Day habilitation	\$ 8,000					\$ 8,000
50368	Supported employment	\$ 3,000					\$ 3,000
50369	Group Supported employment-enclave						\$ -
	<b>Recovery Services</b>						

45323	Family support						\$ -
45366	Peer support						\$ -
	<b>Service Coordination</b>						
21375	Case management						\$ -
24376	Health homes						\$ -
	<b>Sub-Acute Services</b>						
63309	Subacute services-1-5 beds	\$ 20,000					\$ 20,000
64309	Subacute services-6 and over beds						
	<b>Core Evidenced Based Treatment</b>						
04422	Education & Training Services - provider competency						\$ -
32396	Supported housing						\$ -
42398	Assertive community treatment (ACT)						\$ -
45373	Family psychoeducation						\$ -
	<b>Core Domains Total</b>	<b>\$ 499,500</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 499,500</b>
<b>Mandated Services</b>							
46319	Oakdale						\$ -
72319	State resource centers						\$ -
74XXX	Commitment related (except 301)	\$ 22,500					\$ 22,500
75XXX	Mental health advocate	\$ 22,600					\$ 22,600
	<b>Mandated Services Total</b>	<b>\$ 45,100</b>	<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 45,100</b>
<b>Additional Core Domains</b>							
	<b>Justice system-involved services</b>						
25xxx	Coordination services						\$ -
44346	24 hour crisis line*						\$ -
44366	Warm line*						\$ -
46305	Mental health services in jails						\$ -
46399	Justice system-involved services-other						\$ -
46422	Crisis prevention training						\$ -
46425	Mental health court related costs						\$ -
74301	Civil commitment prescreening evaluation						\$ -
	<b>Additional Core Evidenced based treatment</b>						
42366	Peer self-help drop-in centers						\$ -
42397	Psychiatric rehabilitation (IPR)						\$ -
	<b>Additional Core Domains Total</b>		<b>\$ -</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ -</b>
<b>Other Informational Services</b>							



03371	Information & referral						\$ -
04372	Planning, consultation &/or early intervention (client related) **						\$ -
04377	Provider Incentive Payment						\$ -
04399	Consultation Other						\$ -
04429	Planning and Management Consultants (non-client related)						\$ -
05373	Public education, prevention and education **						\$ -
	<b>Other Informational Services Total</b>		\$ -	\$ -	\$ -		\$ -
<b>Community Living Supports</b>							
06399	Academic services						\$ -
22XXX	Services management	\$ 20,000	\$ 40,000				\$ 60,000
23376	Crisis care coordination						\$ -
23399	Crisis care coordination other						\$ -
24399	Health home other						\$ -
31XXX	Transportation	\$ 80,000					\$ 80,000
32321	Chore services						\$ -
32326	Guardian/conservator						\$ -
32327	Representative payee						\$ -
32335	CDAC						\$ -
32399	Other support						\$ -
33330	Mobile meals						\$ -
33340	Rent payments (time limited)						\$ -
33345	Ongoing rent subsidy	\$ 8,000					\$ 8,000
33399	Other basic needs						\$ -
41305	Physiological outpatient treatment						\$ -
41306	Prescription meds						\$ -
41307	In-home nursing						\$ -
41308	Health supplies						\$ -
41399	Other physiological treatment						\$ -
42309	Partial hospitalization						\$ -
42310	Transitional living program						\$ -
42363	Day treatment						\$ -
42396	Community support programs						\$ -
42399	Other psychotherapeutic treatment						\$ -

43399	Other non-crisis evaluation						\$ -
44304	Emergency care						\$ -
44399	Other crisis services						\$ -
45399	Other family & peer support						\$ -
46306	Psychiatric medications in jail						\$ -
50361	Vocational skills training						\$ -
50365	Supported education						\$ -
50399	Other vocational & day services						\$ -
63XXX	RCF 1-5 beds (63314, 63315 & 63316)						\$ -
63XXX	ICF 1-5 beds (63317 & 63318)						\$ -
63329	SCL 1-5 beds						\$ -
63399	Other 1-5 beds						\$ -
	<b>Community Living Supports</b>	<b>\$ 108,000</b>	<b>\$ 40,000</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 148,000</b>
<b>Other Congregate Services</b>							
50360	Work services (work activity/sheltered work)		\$ 20,000				\$ 20,000
64XXX	RCF 6 and over beds (64314, 64315 & 64316)	\$ 250,000					\$ 250,000
64XXX	ICF 6 and over beds (64317 & 64318)						\$ -
64329	SCL 6 and over beds						\$ -
64399	Other 6 and over beds						\$ -
	<b>Other Congregate Services Total</b>	<b>\$ 250,000</b>	<b>\$ 20,000</b>	<b>\$ -</b>	<b>\$ -</b>		<b>\$ 270,000</b>
<b>Administration</b>							
11XXX	Direct Administration					202,529	\$ 202,529
12XXX	Purchased Administration					48,000	\$ 48,000
	<b>Administration Total</b>					\$ 250,529	\$ 250,529
	<b>Regional Totals</b>			<b>\$ -</b>	<b>\$ -</b>	<b>\$ 250,529</b>	<b>\$ 250,529</b>
<b>(45XX-XXX)County Provided Case Management</b>							\$ -
<b>(46XX-XXX)County Provided Services</b>							\$ -
	<b>Regional Grand Total</b>						<b>\$ 1,213,129</b>

\*24 hour crisis line and warm line are transitioning from additional core to state wide core services with state funding.

\*\*Core services for children with a serious emotional disturbance (SED)

**Table B. Revenues**

FY 2021 Budget	Southern Hills Regional Mental Health		
<b>Revenues</b>			
	<b>Projected Fund Balance as of 6/30/20</b>		<b>\$ 247,962</b>
	<b>Local/Regional Funds</b>		<b>\$ 1,054,156</b>
10XX	Property Tax Levied	1,054,156	
12XX	Other County Taxes		
16XX	Utility Tax Replacement Excise Taxes		
25XX	Other Governmental Revenues	-	
4XXX-5XXX	Charges for Services	-	
5310	Client Fees	-	
60XX	Interest	-	
6XXX	Use of Money & Property	-	
8XXX	Miscellaneous	-	
9040	Other Budgetary Funds (Polk Only)	-	
		-	
	<b>State Funds</b>		<b>\$ -</b>
21XX	State Tax Credits		
22XX	Other State Replacement Credits		
2250	MHDS Equalization	-	
24XX	State/Federal pass thru Revenue	-	
2644	MHDS Allowed Growth / State Gen. Funds	-	
29XX	Payment in Lieu of taxes	-	
		-	
	<b>Federal Funds</b>		<b>\$ -</b>
2344	Social services block grant	-	
2345	Medicaid	-	
	Other	-	
	<b>Total Revenues</b>		<b>\$ 1,054,156</b>

<b>Total Funds Available for FY21</b>	<b>\$</b>	<b>1,302,118</b>
<b>FY21 Projected Regional Expenditures</b>	<b>\$</b>	<b>1,213,129</b>
<b>Projected Accrual Fund Balance as of 6/30/21</b>	<b>\$</b>	<b>88,989</b>

**Table E. County Levies**

County	2018 Est. Pop.	Regional Per Capita	FY21 Max Levy	FY21 Actual Levy	Actual Levy Per Capita
Adair	7,063	41.03	289,795	\$ 252,000	35.68
Adams	3,645	41.03	149,554	\$ 148,000	40.60
Taylor	6,191	41.03	254,017	\$ 159,000	25.68
Union	12,359	41.03	507,090	\$ 495,156	40.06
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<b>Total XXXX Region</b>	<b>29,258</b>		<b>1,200,456</b>	<b>1,054,156</b>	<b>36.03</b>

## **G. Financial Forecasting Measures**

The following is a description of the financial forecasting measures used by Southern Hills Regional Mental Health in the identification of service need and funding necessary for services.

- Historical service utilization and cost
- Community meetings to determine continuing and possible new needs including the planned children's behavioral services.
- Tracking of fund balance and monthly expenditures.
- Exploration of reduction in services if it becomes necessary in the fiscal year due to increased mandated expenditures.

## **H. Provider Reimbursement Provisions**

The following is a description of the types of funding used by Southern Hills Regional Mental Health

- Fee for service:

The Region will contract with MHDS providers whose base of operation is within the region. Southern Hills Regional Mental Health may also honor contracts that other regions have with their local providers or may choose to contract with providers outside of the region. A contract may not be required with providers that provide one-time or as needed services. A fee for service approach will be utilized in most provider contracts outlining the services to be provided and the rate of reimbursement. All payments will be based on a pre-authorized request for service authorization with the exception of court ordered payments, such as civil commitment costs and crisis services.

- Block grant payments: A block grant payment has been and will be continued to be used for our Community Behavioral Health Center. All other sources of payment options will be utilized by the Center first. The Center is responsible for determining eligibility based on Regional policies and procedures. A monthly report will be sent to the Region for tracking purposes.
- Use of nontraditional providers:  
When a non-traditional provider arrangement is more appropriate than a fee for service approach with a contracted provider, the Coordinators of Disability Services will work with the region's CEO to request such arrangements. A non-traditional provider may be an individual, organization and/or business who delivers services in the consumer's home and/or other community setting. Non-traditional providers typically are individuals, organizations, or businesses which do not provide MHDS services as a part of their normal business. These services are not to provide treatment but are supportive and may be rehabilitative in focus, and are initiated when there is a reasonable likelihood that such services will benefit the consumer's functioning, assist them in maintaining community tenure, and act as an alternative way to achieve the consumer's stated goals or outcomes. A request for funding can be made by any consumer, or the consumer's authorized representative, to utilize non-traditional providers for services as approved in the Regional Management Plan. Non-traditional providers may be subject to certain licensing, certification, accreditation or other state approval standards.
- Incorporation of all funding sources for individuals including Medicaid: The Region is the payer of last resort, ensuring that all other possible funding sources are accessed first. The Region is responsible for ensuring that MHDS services are available to all residents of the region regardless of funding source. Southern Hills Regional Mental Health will ensure that individuals apply for all funding sources prior to accessing regional funding, including private insurance, Medicaid, Medicare and other funding mechanisms which ensure that individuals and their families are able to optimally live, work, and recreate in integrated communities of their choice.